

SHOULD I BRING MY LOVED ONE’S PET TO VISIT?

Yes, of course, pets can visit. There are very few residents who don’t enjoy a pet visit, especially if it’s their own. It’s very much like having any other family member visit. But be aware that a furry loved one can potentially create different reactions. If your loved one doesn’t remember their dog but just loves having a dog visit, then go for it. Don’t even try to convince them that it’s their dog. Just be in the moment with your loved one and their furry friend.

As your loved one progresses in their dementia, they may not recognize the pet and could become upset at the pet’s behavior. It’s difficult to know how your loved one will react to sudden barking or jumping.

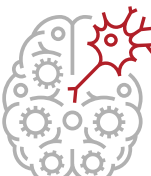
In this case, finding a loveable stuffed dog or cat that resembles their pet is a great way to transition them. They’ll love the security of having their “pet” with them all the time without worrying about the pet’s reactions. Our residents live in snapshots. The goal is to always make the current snapshot where they are better than the one that just occurred.

COMMON TYPES OF DEMENTIA



ALZHEIMER’S DISEASE

Accumulation of the protein beta-amyloid outside neurons and twisted strands of the protein tau inside neurons are hallmarks and accompanied by the death of neurons and damage to brain tissue.



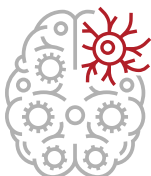
HIPPOCAMPAL SCLEROSIS (HS)

HS is the shrinkage and hardening of tissue in the hippocampus of the brain. The hippocampus plays a key role in forming memories.



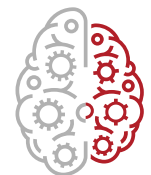
LEWY BODY DISEASE

Lewy bodies are abnormal aggregations (or clumps) of the protein alpha-synuclein in neurons. When they develop in a part of the brain called the cortex, dementia can result.



CEREBROVASCULAR DISEASE

Blood vessels in the brain are damaged and/or brain tissue is injured from not receiving enough blood, oxygen or nutrients.



FRONTOTEMPORAL DEGENERATION (FTD)

Nerve cells in the front and temporal (side) lobes of the brain die and the lobes shrink. Upper layers of the cortex soften.



PARKINSON’S DISEASE (PD)

Clumps of the protein alpha-synuclein appear in an area deep in the brain called the substantia nigra. These clumps are thought to cause degeneration of the nerve cells that produce the chemical dopamine.

LIVINGWELL

MEMORY CARE EDITION.

BURLINGTON CREEK ASSISTED LIVING

JUNE 2025

THREATENING SPEECH OR ACTIONS

As dementia progresses, a resident may sometimes behave in ways that are physically or verbally aggressive to those around them. This includes making fists, tightening their grip on a caregiver or using angry verbal expressions. This can be distressing for all involved.

A few signs you’ll want to be on the lookout for include a resident walking quickly towards a team member and standing close to them with a glaring expression on their face. Some phrases they may use when yelling are “I hate you,” or “I’ll hit you!” Words no one wants to hear, but this kind of behavior may escalate if not properly addressed and can lead to self-harm or harming of others.

When this type of threatening behavior occurs, try using a gentle and firm redirection to a different topic or activity. Determine if the resident is acting out because they’re hungry, thirsty, in pain or need to use the bathroom. It’s best to approach the person slowly and use a calm voice to identify the behavior out loud. Ask the resident to “please stop” and assist the person to an environment that’s comfortable, with low lighting, soft music and quiet. Take this moment to reflect on pleasant memories with the resident.

FINDING A RESIDENT IN YOUR LOVED ONE’S ROOM

It’s common to find a resident has wandered into your loved one’s room. This type of behavior is not driven by the person but rather by the disease. This resident had no intention of purposely entering your loved one’s room. It happens and most families have experienced it.

Wandering is a part of the disease process but not meant to be intrusive. That’s why we have secured environments for those living with dementia.

If you happen to find a resident has walked into your loved one’s room, just say hello as if it were completely normal. It’s better to not overreact or tell the resident to stay away from your loved one. Remain calm and if the resident doesn’t leave the room on their own, find a care team member to help redirect them.



American House
SENIOR LIVING COMMUNITIES

American House
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6311 N Cosby Ave
Kansas City | MO | 64151
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AmericanHouse.com

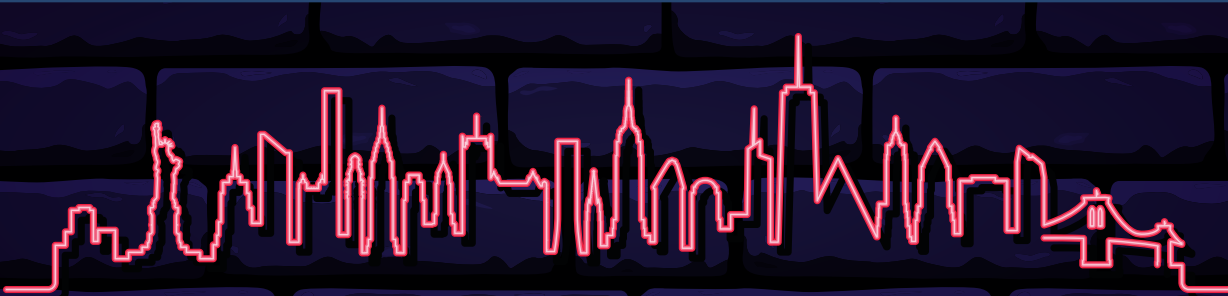
QUICK LINKS

ALZ.org
alzheimers.gov
alzfdn.org
nia.nih.gov/health/alzheimers-and-dementia



JUNE 2025 EVENTS

- Pride Month
- Flag Day
- Family Party
- Father's Day
- The Longest Day
- Juneteenth
- Egg Roll Day

SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
<div>JUNE</div> <div></div> <div>2025</div>																				
01			02			03			04			05			06			07		
10:00a 11:00a 1:30p 3:00p 4:30p 7:00p	Noodles-Twist-A-Roo Daily News Finish The Phrase Puzzle Pals Test Taste Troopers The Bookworm Club	MCL MCL MCD MCD MCD BP	10:00a 11:30a 3:30p 5:00p 7:00p	The Stroll Patrol History Fun Facts Recreate The Image Manicure "PINK" Mondays Mindful Moments	BP MCL MCD MCD BP	10:00a 11:00a 1:30p 3:30p 5:30p 7:00p	Morning Moves Grooves Exciting History Of The Day Color Champions Sing and Stretch Aromatherapy Evening Yoga	MCL MCL MCD BP MCL BP	10:00a 11:00a 1:30p 3:30p 5:00p 7:00p	Balloon Buddies Good News of the Day Word Puzzle Wednesday Clayground Studio Green Thumb Explorers Rhythm and Soul	MCL BP MCD BP BP MCL	10:00a 11:00a 11:30a 1:30p 3:30p 7:00p	Rock and Roll Movements Fun Facts of History Beach Volleyball Bin Buddies Reflection Of Me Therapy Melody Maker	MCL BP BP MCD BP BP	10:00a 11:30a 1:30p 3:30p 5:30p 7:00p	Noodles Adventures News and Brews Hang Man Cheers to the Weekend Glow-n-Dark Ring Toss Friday Night Movie	BP BP MCD MCD DR MCL	10:00a 11:30a 1:30p 3:30p 5:30p 7:00p	Dance Off with Neighbors Saturday News Finish My Sentence Big Uno Laundry Club Music with Crafty Canvas	MCL MCL BP MCD MCD MCD
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10:00a 11:00a 1:30p 3:00p 4:30p 7:00p	Noodles-Twist-A-Roo First Time Father Story Best Dad Jokes Father's Day Massage and Grooming Test Taste Troopers The Gentleman Club	MCL MCL MCD MCD MCD BP	10:00a 11:30a 3:30p 4:00p 5:00p 7:00p	The Stroll Patrol History Fun Facts Recreate The Image The Summit Duo Manicure "PINK" Mondays Mindful Moments	BP MCL MCD MCD MCD BP	10:00a 11:00a 1:30p 3:30p 5:30p 7:00p	Morning Moves Grooves Exciting History Of The Day Color Champions Sing and Stretch Aromatherapy Evening Yoga	MCL MCL MCD BP MCL BP	10:00a 11:00a 1:30p 3:30p 5:00p 7:00p	Balloon Buddies Good News of the Day Word Puzzle Wednesday Clayground Studio Green Thumb Explorers Rhythm and Soul	MCL BP MCD BP BP MCL	10:00a 11:00a 11:30a 1:30p 3:30p 7:00p	Rock and Roll Movements Fun Facts of History Beach Volleyball Bin Buddies Reflection Of Me Therapy Melody Maker	MCL BP BP MCD BP BP	10:00a 11:30a 1:30p 3:30p 5:30p 7:00p	Noodles Adventures News and Brews Hang Man Cheers to the Weekend Glow-n-Dark Ring Toss Friday Night Movie	BP BP MCD MCD DR MCL	10:00a 11:30a 1:30p 3:30p 5:30p 7:00p	Dance Off with Neighbors Saturday News Finish My Sentence Big Uno Laundry Club Music with Crafty Canvas	MCL MCL BP MCD MCD MCD
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All activities subject to change.