

# SHOULD I BRING MY LOVED ONE'S PET TO VISIT?

Yes, of course, pets can visit. There are very few residents who don't enjoy a pet visit, especially if it's their own. It's very much like having any other family member visit. But be aware that a furry loved one can potentially create different reactions. If your loved one doesn't remember their dog but just loves having a dog visit, then go for it. Don't even try to convince them that it's their dog. Just be in the moment with your loved one and their furry friend.

As your loved one progresses in their dementia, they may not recognize the pet and could become upset at the pet's behavior. It's difficult to know how your loved one will react to sudden barking or jumping.

In this case, finding a loveable stuffed dog or cat that resembles their pet is a great way to transition them. They'll love the security of having their "pet" with them all the time without worrying about the pet's reactions. Our residents live in snapshots. The goal is to always make the current snapshot where they are better than the one that just occurred.

### **COMMON TYPES OF DEMENTIA**



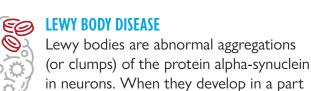
#### **ALZHEIMER'S DISEASE**

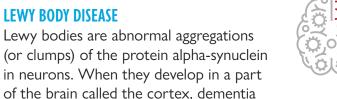
Accumulation of the protein beta-amyloid outside neurons and twisted strands of the protein tau inside neurons are hallmarks and accompanied by the death of neurons and damage to brain tissue.



#### **HIPPOCAMPAL SCLEROSIS (HS)**

HS is the shrinkage and hardening of tissue in the hippocampus of the brain. The hippocampus plays a key role in forming memories.







#### **CEREBROVASCULAR DISEASE**

Blood vessels in the brain are damaged and/or brain tissue is injured from not receiving enough blood, oxygen or nutrients.



#### FRONTOTEMPORAL DEGENERATION (FTD)

Nerve cells in the front and temporal (side) lobes of the brain die and the lobes shrink. Upper layers of the cortex soften.



#### PARKINSON'S DISEASE (PD)

Clumps of the protein alphasynuclein appear in an area deep in the brain called the substantia nigra. These clumps are thought to cause degeneration of the nerve cells that produce the chemical dopamine.



can result.

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#### **OUICK LINKS**

ALZ.org alzheimers.gov alzfdn.org nia.nih.gov/health/alzheimers-and-dementia

# LIVING WELL

MEMORY CARE EDITION.

WILDWOOD VILLAGE **JUNE 2025** 

# THREATENING SPEECH OR ACTIONS

As dementia progresses, a resident may sometimes behave in ways that are physically or verbally aggressive to those around them. This includes making fists, tightening their grip on a caregiver or using angry verbal expressions. This can be distressing for all involved.

A few signs you'll want to be on the lookout for include a resident walking quickly towards a team member and standing close to them with a glaring expression on their face. Some phrases they may use when yelling are "I hate you," or "I'll hit you!" Words no one wants to hear, but this kind of behavior may escalate if not properly addressed and can lead to self-harm or harming of others.

When this type of threatening behavior occurs, try using a gentle and firm redirection to a different topic or activity. Determine if the resident is acting out because they're hungry, thirsty, in pain or need to use the bathroom. It's best to approach the person slowly and use a calm voice to identify the behavior out loud. Ask the resident to "please stop" and assist the person to an environment that's comfortable, with low lighting, soft music and quiet. Take this moment to reflect on pleasant memories with the resident.

# FINDING A RESIDENT IN YOUR LOVED ONE'S ROOM

It's common to find a resident has wandered into your loved one's room. This type of behavior is not driven by the person but rather by the disease. This resident had no intention of purposely entering your loved one's room. It happens and most families have experienced it.



Wandering is a part of the disease process but not meant to be intrusive. That's why we have secured environments for those living with dementia.

If you happen to find a resident has walked into your loved one's room, just say hello as if it were completely normal. It's better to not overreact or tell the resident to stay away from your loved one. Remain calm and if the resident doesn't leave the room on their own, find a care team member to help redirect them.



## **JUNE 2025 EVENTS**

- 6/4, 2-3P, Robert Row
- 6/15. 1P, Tom Winter Music
- 6/15, Fathers Day
- 6/25. Veronica Borek Music
- 6/12 & 6/26, Music Therapy
- 6/17, Pet Therapy @ 10:30A • Concert Series Every Fri @ 3p

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
•					June	e <b>2025</b>	
01		02	03	04	05 0	16	07
9:00a 10:00a 10:30a 2:30p 3:00p 6:00p	Weekend Workout St.Alben Roe Church Sunday Gentle Music Life Station Exploration Tune & Tint: A Creative Escape AR	9:00a Good News Network 10:00a Morning Flow on the Patio 11:00a Family Feud AR 1:30p Daily Devotional AR 2:00p Bingo AR 3:00p Classic Cinema: Cheaper by The Dozen MCD	9:00a Good News Network 10:00a Chicken Soup for the Father's Soul  AR 10:30a Balloon Volleyball MCL 11:00a Puzzle Club 2:00p Animal Trivia: Dogs AR 3:00p Craft Time: Flower Pots MCD 6:00p Hand Massages	9:00a Good News Network 10:00a Exercise: Chair Yoga 11:00a Group Karaoke AR 1:00p Travelogue: Texas 2:00p Entertainment: Robert Row AR 3:00p Manicures & Massages 6:00p Color & Connect	10:30a       Noodle Ball       1         10:30a       Music Trivia       1         1:30p       Daily Devotional       AR       2	2:00a Good News Network 0:00a Exercise with Ben 1:00a Reminiscing: Occupations 2:00p The Life of Whitney Houston AR 2:00p Concert: Whitney Houston MCL 2:00p Hand Massages	9:00a Good News Network 10:00a TV Service: Sunday Morning Praise 10:00a Weekend Workout 11:00a Puzzle Club 1:30p Coffee & Conversations 3:00p Life Station Exploration
08		09	10	II .	12	3	14 FLAG DAY
9:00a 10:00a 10:30a 11:30a 2:30p 3:00p	Weekend Workout St.Alben Roe Church Junk Drawer Detective Sunday Gentle Music	9:00a Good News Network 10:00a Morning Flow on the Patio 11:00a Family Feud AR 1:30p Daily Devotional AR 2:00p Bingo AR 3:00p Classic Cinema: Big MCD	9:00a Good News Network 10:00a Chicken Soup for the Father's Soul AR 10:30a Balloon Volleyball MCL 11:00a Puzzle Club 2:00p Animal Trivia: Cats AR 6:00p Hand Massages	9:00a Good News Network 10:00a Exercise: Chair Yoga 11:00a Group Karaoke AR 1:00p Travelogue: Hawaii 3:00p Manicures & Massages 6:00p Color & Connect	10:00a Stretching Club 1 10:30a Music Therapy with Kelly 1 1:30p Daily Devotional AR 2 2:00p Pet Therapy with Jupiter 3	2:00a Good News Network 0:00a Exercise with Ben 1:00a Reminiscing: Occupations 2:00p The Life of Johnny Cash 2:00p Concert: Johnny Cash 3:00p Hand Massages	9:00a Good News Network 10:00a Weekend Workout 11:00a Trivia: Random Facts 11:00a Puzzle Club 1:30p Coffee & Conversations 3:00p Life Station Exploration
15	FATHER'S DAY	16	17	18	19 JUNETEENTH 2	O THE LONGEST DAY	21
9:00a 10:00a 10:30a 1:00p <b>MPD</b> 1:30p 2:30p 3:00p	Weekend Workout St.Alben Roe Church Entertainment: Tom Winters Fathers Day Trivia	9:00a Good News Network 10:00a Morning Flow on the Patio 11:00a Family Feud AR 1:30p Daily Devotional AR 2:00p Bingo AR 3:00p Classic Cinema: Father of The Bride MCD	9:00a Good News Network 10:00a Chicken Soup for the Father's Soul & Pet Therapy AR 10:30a Balloon Volleyball MCL 11:00a Puzzle Club 2:00p Animal Trivia: Snakes AR 3:00p Craft Time: Sunflower Coasters MCD 6:00p Hand Massages	9:00a Good News Network 10:00a Exercise: Chair Yoga 11:00a Group Karaoke AR 1:00p Travelogue: Florida 3:00p Manicures & Massages 6:00p Color & Connect	10:30a       Noodle Ball       1         10:30a       Music Trivia       1         11:00a       Outing: Red Robin       2	1:00p Concert: Dolly Parton <b>MCL</b>	9:00a Good News Network 10:00a TV Service: Sunday Morning Praise 10:00a Weekend Workout 11:00a Puzzle Club 1:30p Coffee & Conversations 3:00p Life Station Exploration
22		23	24	25	26 2	7	28
9:00a 10:00a 10:30a 11:30a 2:30p 3:00p	Weekend Workout St.Alben Roe Church Junk Drawer Detective Sunday Gentle Music Life Station Exploration	9:00a Good News Network 10:00a Morning Flow on the Patio 11:00a Family Feud AR 1:30p Daily Devotional AR 2:00p Bingo AR 3:00p Classic Cinema: Mr Hollands Opus	9:00a Good News Network 10:00a Chicken Soup for the Father's Soul AR 10:30a Balloon Volleyball MCL 11:00a Puzzle Club 2:00p Animal Trivia: Apes AR 6:00p Hand Massages	9:00a Good News Network 10:00a Exercise: Chair Yoga 11:00a Group Karaoke AR 1:00p Travelogue: Louisiana 3:00p Entertainment: Veronica Borek 6:00p Color & Connect	10:00a Stretching Club 1 10:30a Music Therapy with Kelly 1 1:30p Daily Devotional AR 2 3:00p Holiday Fun: The Phycology of 3	C:00a Good News Network 0:00a Exercise with Ben 1:00a Reminiscing: Occupations 0:00p The Life of Julie Andrews 0:00p Concert: Julie Andrews 0:00p Hand Massages	9:00a Good News Network 10:00a Weekend Workout 11:00a Prize Bingo 11:00a Puzzle Club 1:30p Coffee & Conversations 3:00p Life Station Exploration
29		30		BIRTHDAYS		LOCATIO	DN KEY
9:00a 10:00a 10:30a 2:30p 3:00p 6:00p	Good News Network Weekend Workout St.Alben Roe Church Sunday Gentle Music Life Station Exploration	9:00a Good News Network 10:00a Morning Flow on the Patio 11:00a Family Feud AR 1:30p Daily Devotional AR 2:00p Bingo AR 3:00p Classic Cinema: Hello, Dolly! MCD				2BL 2 <sup>nd</sup> Floor Balcony MCD Men AR Activity Room MCL Livin B Bistro MCP Men DR Dining Room MPD Men	nory Care Dining S Salon Ig Room THR Theatre Inory Care Patio Inory Care Private Ing Room