



SHOULD I BRING MY LOVED ONE'S PET TO VISIT?

Yes, of course, pets can visit. There are very few residents who don't enjoy a pet visit, especially if it's their own. It's very much like having any other family member visit. But be aware that a furry loved one can potentially create different reactions. If your loved one doesn't remember their dog but just loves having a dog visit, then go for it. Don't even try to convince them that it's their dog. Just be in the moment with your loved one and their furry friend.

As your loved one progresses in their dementia, they may not recognize the pet and could become upset at the pet's behavior. It's difficult to know how your loved one will react to sudden barking or jumping.

In this case, finding a loveable stuffed dog or cat that resembles their pet is a great way to transition them. They'll love the security of having their "pet" with them all the time without worrying about the pet's reactions. Our residents live in snapshots. The goal is to always make the current snapshot where they are better than the one that just occurred.

EVERY MOMENT TELLS A STORY



Caption: Fun Day's In Memory Care

QUICK LINKS

ALZ.org
alzheimers.gov
alzfdn.org
nia.nih.gov/health/alzheimers-and-dementia

LIVINGWELL

MEMORY CARE EDITION.

ZEPHYRHILLS

JUNE 2025

THREATENING SPEECH OR ACTIONS

As dementia progresses, a resident may sometimes behave in ways that are physically or verbally aggressive to those around them. This includes making fists, tightening their grip on a caregiver or using angry verbal expressions. This can be distressing for all involved.

A few signs you'll want to be on the lookout for include a resident walking quickly towards a team member and standing close to them with a glaring expression on their face. Some phrases they may use when yelling are "I hate you," or "I'll hit you!" Words no one wants to hear, but this kind of behavior may escalate if not properly addressed and can lead to self-harm or harming of others.

When this type of threatening behavior occurs, try using a gentle and firm redirection to a different topic or activity. Determine if the resident is acting out because they're hungry, thirsty, in pain or need to use the bathroom. It's best to approach the person slowly and use a calm voice to identify the behavior out loud. Ask the resident to "please stop" and assist the person to an environment that's comfortable, with low lighting, soft music and quiet. Take this moment to reflect on pleasant memories with the resident.

FINDING A RESIDENT IN YOUR LOVED ONE'S ROOM

It's common to find a resident has wandered into your loved one's room. This type of behavior is not driven by the person but rather by the disease. This resident had no intention of purposely entering your loved one's room. It happens and most families have experienced it.

Wandering is a part of the disease process but not meant to be intrusive. That's why we have secured environments for those living with dementia.

If you happen to find a resident has walked into your loved one's room, just say hello as if it were completely normal. It's better to not overreact or tell the resident to stay away from your loved one. Remain calm and if the resident doesn't leave the room on their own, find a care team member to help redirect them.



JUNE 2025 EVENTS

- 6/4 Bible Study
- 6/4 Live Music W/ Deborah M
- 6/11 Live Music W/ Larry E
- 6/12 Family Day Horsepower
- 6/13 Dog Therapy
- 6/14 Flag Day
- 6/15 Father's Day Brunch
- 6/18 Live Music W/ Geri B
- 6/19 Cooking Demo: Caribbean
- 6/25 Live Music W/ Geo



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
<div>June 2025</div>																				
01			02			03			04			05			06			07		
9:00a	Virtual Church	MC	9:00a	Seated Zumba	MC	9:00a	Seated Exercise	MC	9:00a	Seated Zumba	MC	9:00a	Seated Exercise	MC	9:00a	Seated Exercise	MC	9:00a	SingFit	MC
10:00a	Bible Challenge	MC	10:30a	Brain Matters	MC	10:00a	Minute Manicures	MC	10:00a	Puzzlers	MC	10:00a	Balloon Ball	MC	10:00a	Word Find	MC	10:00a	Minute Manicures	MC
2:00p	Bake Club	MC	1:00p	Candy Bingo	MC	1:00p	Table Games	MC	10:00a	Bible Study	MC	1:00p	Candy Bingo	MC	1:00p	Art & Design	MC	10:30a	Cranium Crunches	CMC
3:00p	Sensory Social	MC	3:00p	Deal or No Deal	MC	2:00p	Deal or No Deal	MC	1:00p	Happy Hour Deborah	MC	2:00p	Brainiacs	MC	2:00p	Jeopardy	MC	1:00p	Root Beer Floats	MC
4:30p	Table Games	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC	3:00p	Table Games	MC	3:00p	Sensory Social	MC	3:00p	Puzzlers with Music	MC	2:00p	Make a Deal	MC
6:00p	Movie	MC	6:00p	Movie	MC	6:00p	Movie	MC	3:00p	Sensory Social	MC	6:00p	Movie	MC	6:00p	Sensory Social	MC	3:00p	Sensory Social	MC
08			09			10			11			12			13			14 FLAG DAY		
9:00a	Virtual Church	MC	9:00a	Seated Zumba	MC	9:00a	Seated Exercise	MC	9:00a	Seated Zumba	MC	9:00a	Seated Exercise	MC	9:00a	Seated Exercise	MC	9:00a	SingFit	MC
10:00a	Bible Challenge	MC	10:30a	Brain Matters	MC	10:00a	Minute Manicures	MC	10:00a	Puzzlers	MC	10:00a	Balloon Ball	MC	10:00a	Dog Therapy	MC	10:00a	Minute Manicures	MC
2:00p	Sip n' Sunshine	MC	1:00p	Candy Bingo	MC	1:00p	Table Games	MC	1:00p	Happy Hour Larry E	MC	1:00p	Family Day Horsepower	MC	1:00p	Mystery Bus Ride Outing	MC	1:00p	Ice Cream Sundaes	MC
3:00p	Sensory Social	MC	3:00p	Deal or No Deal	MC	2:00p	Deal or No Deal	MC	3:00p	Table Games	MC	2:00p	Brainiacs	MC	2:00p	Puzzlers with Music	MC	2:00p	Make a Deal	MC
4:30p	Table Games	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC
6:00p	Movie	MC	6:00p	Movie	MC	6:00p	Movie	MC	6:00p	Movie	MC	6:00p	Movie	MC	6:00p	Movie	MC	6:00p	Movie	MC
15 FATHER'S DAY			16			17			18			19 JUNETEENTH			20 THE LONGEST DAY			21		
9:00a	Virtual Church	MC	9:00a	Seated Zumba	MC	9:00a	Seated Exercise	MC	9:00a	Seated Zumba	MC	9:00a	Seated Exercise	MC	9:00a	Seated Exercise	MC	9:00a	SingFit	MC
10:00a	Bible Challenge	MC	10:30a	Brain Matters	MC	10:00a	Minute Manicures	MC	10:00a	Puzzlers	MC	10:00a	Balloon Ball	MC	10:00a	Brain Matters	MC	10:00a	Minute Manicures	MC
2:00p	Bake Club	MC	1:00p	Candy Bingo	MC	1:00p	Table Games	MC	10:00a	Bible Study	MC	1:00p	Candy Bingo	MC	1:00p	Craft Club	MC	1:00p	Root Beer Floats	MC
3:00p	Sensory Social	MC	3:00p	Deal or No Deal	MC	2:00p	Deal or No Deal	MC	1:00p	Happy Hour Geri B	MC	1:30p	Cooking Demo	MC	2:00p	Jeopardy	MC	2:00p	Make a Deal	MC
4:30p	Table Games	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC	3:00p	Table Games	MC	2:00p	Brainiacs	MC	2:00p	Puzzlers with Music	MC	3:00p	Sensory Social	MC
6:00p	Movie	MC	6:00p	Movie	MC	6:00p	Movie	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC	6:00p	Movie	MC
22			23			24			25			26			27			28		
9:00a	Virtual Church	MC	9:00a	Seated Zumba	MC	9:00a	Seated Exercise	MC	9:00a	Seated Zumba	MC	9:00a	Seated Exercise	MC	9:00a	Seated Exercise	MC	9:00a	SingFit	MC
10:00a	Bible Challenge	MC	10:30a	Brain Matters	MC	10:00a	Minute Manicures	MC	10:00a	Puzzlers	MC	10:00a	Balloon Ball	MC	10:00a	Dog Therapy	MC	10:00a	Minute Manicures	MC
2:00p	Sit n' Sunshine	MC	1:00p	Candy Bingo	MC	12:00p	Scenic Ride	MC	10:30a	Puzzlers	MC	1:00p	Candy Bingo	MC	2:00p	Jeopardy	MC	1:00p	Ice Cream Sundaes	MC
3:00p	Sensory Social	MC	3:00p	Deal or No Deal	MC	1:00p	Table Games	MC	1:00p	Happy Hour GEO	MC	2:00p	Brainiacs	MC	2:00p	Puzzlers with Music	MC	2:00p	Make a Deal	MC
4:30p	Table Games	MC	3:00p	Sensory Social	MC	2:00p	Deal or No Deal	MC	3:00p	Table Games	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC
6:00p	Movie	MC	6:00p	Movie	MC	3:00p	Sensory Social	MC	3:00p	Sensory Social	MC	6:00p	Movie	MC	6:00p	Movie	MC	6:00p	Movie	MC
29			30			BIRTHDAYS										LOCATION KEY				
9:00a	Virtual Church	MC	9:00a	Seated Zumba	MC	Anita B . 6/5 Barbara P. 6/15										<div><div>3FA3rd Floor Activity Room3A3rd Floor Atrium3FL3rd FloorARActivity RoomAFireplaceBPBack Patio</div><div>BBistroCRCard RoomCMCCommunity CenterDRDining RoomFIRFireplaceLIBLibrary</div><div>MEMain EntranceMCMemory CareSPScreened PorchTHRTheater</div></div>				
10:00a	Bible Challenge	MC	10:30a	Brain Matters	MC															
3:00p	Sensory Social	MC	1:00p	Candy Bingo	MC															
4:30p	Table Games	MC	3:00p	Deal or No Deal	MC															
6:00p	Movie	MC	3:00p	Sensory Social	MC															

All activities subject to change.